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Magnesium Octa[(4'-benzo-15-crown-5)oxy]phthalocyanine in Phosphate Buffer: Supramolecular Organization, Cytotoxicity and Accumulation/Localization in Tumor Cells of HeLa

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For the first time, magnesium octa[(4'-benzo-15-crown-5)oxy]phthalocyanine (Mgcr₈Pc) was explored as a potential PDT agent. Presence of crown-containing fragments in the periphery of the tetrapyrrole macrocycle makes the compound soluble in water. Solutions of Mgcr₈Pc in water and in phosphate buffer (PBS) are stable for a long time. Modification of Mgcr₈Pc solutions in PBS with sodium deoxycholate led to partial monomerization of Mgcr₈Pc and hence to formation of a fluorescent species. The cytotoxicity of Mgcr₈Pc was determined with respect to HeLa cells and its accumulation/localization in the cells was studied by fluorescence microscopy. The increase in signal intensity indicates the accumulation of Mgcr₈Pc at concentration of 5.00 μ M for 24 h. The results obtained allow us to continue the study of this interesting class of compounds.

Keywords: Phthalocyanine, crown ether conjugates, solubility in water, spectral properties, supramolecular organization, sodium deoxycholate, HeLa cells, cytotoxicity, accumulation, localization, fluorescence microscopy.

Окта[(4'-бензо-15-краун-5)окси]фталоцианинат магния в фосфатном буфере: супрамолекулярная организация, цитоксичность, накопление и локализация в опухолевых клетках HeLa

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Окта[(4'-бензо-15-краун-5)окси]фталоцианинат магния (Mgcr_sPc) в фосфатном буфере впервые исследуется как потенциальный ФДТ-агент. Присутствие краун-содержащих фрагментов на периферии тетрапиррольного макроцикла обеспечивает растворимость соединения в водной среде. Растворы Mgcr_sPc в воде и фосфатном буфере стабильны в течение длительного времени в обычных условиях. Введение дезоксихолата натрия приводило к частичной мономеризации и формированию флуоресцентно-активных частиц, соответственно. Определена цитотоксичность Mgcr₈Pc и показано его накопление и локализация в клетках HeLa. Согласно флуоресцентной микроскопии, морфология клеток не изменяется после 24-х часового действия Mgcr₈Pc в дозе 5.00 мкM.

Ключевые слова: Фталоцианин, конъюгаты с краун-эфирами, растворимость в воде, спектральные свойства, супрамолекулярная организация, дезоксихолат натрия, опухолевые клетки HeLa, цитотоксичность, накопление, локализация, флуоресцентная микроскопия.

Introduction

Phthalocyanines (Pc) and their supramolecular aggregates are applied in molecular electronics, chemical sensors, catalysis, biology, and medicine, including photodynamic therapy (PDT).^[1-3] PDT, which is an actively developing field of research for the treatment of a variety of cancers, is based on the capability of photosensitizer (PS) to accumulate preferentially in the tumor and by a precise illumination to form highly reactive oxygen species, which result in cytotoxic reactions in the cells.^[4]

Along with chemical stability, phthalocyanines exhibit absorption bands with intense π - π ^{*} transitions in the range of 650–850 nm ($\varepsilon \ge 10^5$ M⁻¹cm⁻¹), low toxicity, and high quantum yield of the triplet state, which makes Pc a feasible PS in fluorescent diagnostics and PDT of malignant neoplasms.^[5-8] A comparison of some Pcs as photosensitizers has already been made in vitro (e.g. see^[9] and references therein). Complexes containing Zn²⁺, Al³⁺, Ga³⁺, Mg²⁺, etc. in the centre of the macrocycle seem to be most suitable for PDT. For instance, hydroxyaluminum phthalocyanine trisulfonate (Photosens)^[7] has been approved for clinical PDT in Russia. In order to generate reactive oxygen species (largely singlet oxygen), Pc is to be in its monomer state in solution. However, this is difficult to achieve in view of (a) aggregation of Pc molecules in polar media and (b) poor solubility of phthalocyanines in water.

In this work, magnesium octa[(4'-benzo-15-crown-5)-oxy]phthalocyanine (Mgcr₈Pc, Figure 1) is explored as a potential PDT agent. The study includes (a) the determination of cytotoxicity of Mgcr₉Pc with respect to HeLa cells and (b) its accumulation/localization in tumor cells HeLa *in vitro*. Considerable attention is also paid to the state of Mgcr₈Pc in the cell growth medium as well as supramolecular organization of Pc in microheterogeneous media based on anionic surfactants, including biocompatible sodium deoxycholate, in phosphate buffer (pH 7.4). The presence of the crown fragments improves the solubility of complexes and promotes the self-assembling of Pc with a guest cation,^[10-12] as well as opens up a way to preparation of materials with remarkable physicochemical characteristics.^[13,14]

Experimental

General

The synthesis of magnesium octa[(4'-benzo-15-crown-5) oxy]phthalocyanine (Mgcr₈Pc) was carried out as described elsewhere.^[15] Commercially available sodium dodecyl sulphate (SDS), sodium deoxycholate (SDC) (Aldrich, 98 %) and NaCl (extra-pure grade) were used without additional purification. Salts used in preparation of phosphate buffer saline with pH 7.4 (hereinafter PBS) also were of extra pure grade; according to protocol, the NaCl, KCl, Na₂HPO₄, and KH₂PO₄ concentrations were 137, 2.7, 10 and 1.76 mM, respectively. Solutions were prepared by using double distilled or deionized water. The concentration of the Mgcr₈Pc stock solution was equal to 594 μ M. All solutions were stored in the dark.

To study the effect of salts, equal number of mL of the Mgcr₈Pc/SDC/NaCl solution ([Mgcr₈Pc]= $9.3 \cdot 10^{-6}$ M, [SDC]=0.0175 M, [NaCl]=0.139 M) was placed in two identical cuvettes. In one of them we added a dry sample of KCl: total





concentration of salts (NaCl + KCl) in solution under study was equal to 0.16 M. The NaCl sample was also introduced in second cuvette. In both cases, the ionic strength of the solution and the concentrations of Mgcr₈Pc and SDC did not change. The absorption spectra were recorded in time.

Determination of Mgcr₈Pc Absorbed

HeLa (human cervical adenocarcinoma) cells were incubated in Eagle MEM medium (EMEM, hereinafter merely "medium") modified by the addition of Mgcr₈Pc solution in PBS. In 24 h, the solution was poured out and the cells were washed several times with 2 mL portions of PBS. The absorption spectra of the collected Mgcr₈Pc were close to those of Pc aggregates and Pc in reference to Mgcr₈Pc/medium/PBS solutions. The concentration of Mgcr₈Pc absorbed by the cells ([Mgcr₈Pc]_{ab}) was calculated from the difference between the initial concentration of Pc ([Mgcr₈Pc]₀) and the amount of Pc collected after the incubation stage ([Mgcr₈Pc]_r):

$[Mgcr_8Pc]_0, \mu M$	$[Mgcr_8Pc]_{fr} \mu M$	$[Mgcr_8Pc]_{ab}, \%$
20	14	~30
10	6.08	~40

For $[Mgcr_{8}Pc] \le 5 \ \mu M$, washing solutions contained practically no Pc.

Optical absorption spectra were recorded with a Specord M-40 spectrophotometer by using 1-, 2-, and 10-mm quartz cells. In some cases, the spectra were deconvoluted into components.

Fluorescence spectra of $Mgcr_8Pc/SDC$ in PBS solutions stored for 24 h were recorded with a PerkinElmer LS55 spectrofluorimeter at room temperature. The slit width was 10 nm; the wavelength of excitation was 614 nm.

Biological Experiments

Cell culture. HeLa cells were obtained from the Russian collection of cell cultures of vertebrates. The tumor cells were grown in EMEM medium (PanEco, Russia) containing 10 % embrionic whey (Biowest, France), penicillin (50 units/mL), and streptomycin (50 mg/ml) at 37 °C in a 5 % CO₂ atmosphere.

MTT test. The influence of Mgcr.Pc on cell growth and viability was studied upon their staining with 3-(4,5-dimethyl-2-thiazolyl)-2,5-diphenyl-2H-tetrazolium bromide (MTT, Sigma-Aldrich).^[16-18] The cells were dissipated in 96-well plates in the amount of $5 \cdot 10^3$ cells/100 µL for each well. In order to determine the cytotoxity of Mgcr_sPc, its solution in PBS (0.5–25 μ M) was added to the incubation medium. The incubation period in the presence of Pc was 24 h. Dark toxicity of Mgcr_sPc towards HeLa cells was studied both with and without rinsing the samples with PBS. In the first case, the cells were washed twice with 50 μ L of buffer PBS before applying MTT dye. After this, 0.5 mg/mL MTT was added and the plate was held at 37 °C in a 5 % CO, atmosphere for 3 h. Then the incubation medium was removed and the formed formazan crystals were dissolved in DMSO for 10 min. The MTT assay was established at 570 nm (Tecan SPARK 10M device). Cells' viability was estimated as the percentage of MTT stained control cells. The IC_{50} dose (concentration of a compound that reduces MTT staining by 50 %) was found using the median effect analysis. Each experiment was repeated three times.

Fluorescence Microscopy. The cells grown on cover glasses (450 000 in each) were incubated with Mgcr₈Pc added in concentrations of 5 μ M for 3 or 24 h, respectively. After incubation, the remaining Mgcr₈Pc was washed out with PBS. Then the cells were held in 4 % paraformaldehyde solution in PBS at r.t. for 30 min, in 0.5 % solution of Triton X-100 for 10 min, stained

in DAPI (4',6-diamidino-2-phenylindole·2HCl) solution for 10 min, washed with deionized water and dried at r.t. in the dark. After this, the samples were placed in a drop of fixing fluid Fluoromount (Sigma-Aldrich, Germany) on a cover glass. In the same way, HeLa cells were also treated with Mgcr₈Pc without fixing. In this case, the cells grown on cover glasses were placed in a drop of PBS solution just before viewing. Accumulation/localization of Mgcr₈Pc in fixed and non-fixed tumor cells was explored with an Axio Scope.A1 fluorescence microscope (Carl Zeiss, Germany) using A-Plan 40×/0.65 Ph2, A-Plan 40×/0.65 M27, N-Achroplan 100×/1.25 Oil M27, and N-Achroplan 100×/1.25 Oil Ph3 M27 objectives and a set of fluorescence filters: Fs 49 DAPI (EX G 365, EM BP 445/50), Fs 45 HQ TexasRed (EX BP 560/40, and EM BP 630/75 – in combination with a high-resolution digital camera AxioCam MRc 5 and Zen 2012 software (blue edition).

Results and Discussion

In dichloromethane, the spectra of Mgcr₈Pc (Figure 1) typically exhibit a strong π - π * transition at longer wavelengths ($\epsilon \ge 10^5 \text{ M}^{-1}\text{cm}^{-1}$) and a weaker one at shorter wavelengths (*Q*-band), and also a weak but broad *B*-band (also called a Soret band) in the UV range (Figure 2a). Such spectral features are typical to monomeric metal phthalocyanine complexes.

Absorption Spectra of Mgcr_sPc in Various Media

Absorption spectra of Mgcr₈Pc in water, in PBS and in EMEM medium are similar. As an example, Figure 2a presents the absorption spectrum of Mgcr₈Pc in PBS (curve 2). In contrast to dichloromethane (curve 1), the *Q*-band of Mgcr₈Pc in aqueous medium is blue-shifted and strongly broadened, which is indicative of the aggregation of phthalocyanine molecules. The blue-shift is caused by the π - π stacking that is characteristic of dimers, associates and other aggregates.^[11] As follows from Figure 2b, the spectrum of Mgcr₈Pc in EMEM medium which is similar to that in PBS can be readily deconvoluted into four Gaussian functions. The latter is considered by us only as an indication of the possible variety of particles forming in the solution.

As it is seen in Figure 3a, the addition of anionic SDC to $Mgcr_{8}Pc/PBS$ solution ([SDC] > cmc) causes a red shift of short-wavelength *B*-band and also the narrowing and intensification of the *Q*-band. In the case of $Mgcr_{8}Pc/$ SDC/NaCl (Figure 3a, spectrum 3 and see $also^{[19]}$), the shape of absorption spectrum and a higher ε value for the *Q*-band testify a higher concentration of Pc monomer as compared to $Mgcr_{8}Pc/SDC/PBS$ solution (Figure 3a, spectrum 2), and the NaCl concentration is close to the physiological value in both systems. It should be also noted that the spectral characteristics such as the shape of spectrum and extinction coefficient (Figure 3a, spectrum 2) remained almost unchanged after the subsequent NaCl addition to the Mgcr_Pc/SDC/PBS solution.

The effect of the Na⁺ and K⁺ ions on the spectral characteristics of the micro-heterogeneous system based on Mgcr₈Pc/SDC is also shown in Figure 3b. It is seen that the KCl addition leads to absorption spectrum (Figure 3b, spectrum 2) close to that of the Mgcr₈Pc/SDC/PBS system (Figure 3a, spectrum 2).



Figure 2. (a) Absorption spectra of $Mgcr_8Pc$ in dichloromethane (curve 1) and in phosphate buffer (curve 2); (b) Fragment of the $Mgcr_8Pc$ spectrum in EMEM medium and its deconvolution into Gaussian functions; the red line is the envelope of the deconvolution contours, and the thin black solid lines are Gaussian contours.

The absorption spectra of Mgcr₈Pc in SDS/water and SDS/PBS are also markedly different ([SDS] \geq cmc in both systems): Pc as monomer in the former case (Figure 4, spectrum 1 and see also^[15]), no clearly pronounced maximum, a larger half-width of the *Q*-band, and lower ε value in the latter case (Figure 4, spectrum 2).

Thus, the present in PBS of the K⁺ ions (see Experimental) whose diameter (2.66 Å) significantly exceeds the diameter of the cavity in 15-crown-5 (1.7–2.2 Å),^[10,11] facilitates the cation-induced aggregation of Mgcr₈Pc even in the presence of anionic surfactants such as sodium deoxy-cholate and sodium dodecyl sulfate. In all cases, spectral features obtained appear in the presence of the K⁺ ions (see Figures 3 and 4). It was previously shown^[20] that the K⁺ ions in the KCl aqueous solution lead to the formation of stable charged forms (dimers) of octa-crown metal phthalocyanines.

Photoexcitation of Mgcr_sPc/SDC/PBS Solutions

Figure 5a presents the normalized fluorescence and excitation spectra for Mgcr₈Pc/PBS/SDC solution. The excitation spectrum in Figure 5a (curve 2) corresponds



Figure 3. (a) Absorption spectra of Mgcr₈Pc/PBS, Mgcr₈Pc/SDC/PBS and Mgcr₈Pc/SDC/NaCl solutions (1, 2 and 3, respectively); [Mgcr₈Pc]=9.3·10⁻⁶ M, [SDC]=0.016 M. (b) Salt effect on absorption spectra of Mgcr₈Pc in micro-heterogeneous systems: SDC/NaCl ([NaCl]=0.139 M + 0.025 M; spectrum 1) and SDC/NaCl/KCl ([NaCl]=0.139 M and [KCl]=0.022 M; spectrum 2). Insert: first derivatives of spectral bands 1 and 2, respectively.



Figure 4. Absorption spectra of Mgcr₈Pc in SDS/water (curve 1) and SDS/PBS (curve 2) solutions. Insert: first derivatives of spectral bands 1 and 2, respectively.



Figure 5. Mgcr₈Pc/SDC/PBS solution: (a) fluorescence spectrum as excited at λ_{ex} =614 nm (curve 1) and excitation spectrum as taken at λ_{em} =704 nm (curve 2); (b) relative fluorescence intensities for Mgcr₈Pc/SDC/NaCl (curve 1) and Mgcr₈Pc/SDC/PBS (curve 2) systems.

PBS system.

mulate in HeLa cells.

Cytotoxicity of Mgcr Pc

to the absorption spectra of the Mgcr₈Pc monomer in dichloromethane (Figure 2a, curve 1) or in the SDS/H₂O medium at [SDS] \geq cmc (critical micelle concentration), but strongly differs from the absorption spectrum of Mgcr₈Pc in PBS/SDC solution ([SDC] \geq cmc]) (see Figure 4, curve 1 and Figure 3, curve 2, respectively). This behavior is also characteristic of the Mgcr₈Pc in the SDS/PBS microheterogeneous system.

Relative fluorescence intensities for Mgcr₈Pc/PBS/ SDC and Mgcr₈Pc/NaCl/SDC solutions are shown in Figure 5b. It is seen that the fluorescence intensity of Mgcr₈Pc/ NaCl/SDC is stronger than that of Mgcr₈Pc/PBS/SDC. This may be due to a higher degree of the Mgcr₈Pc aggregation in the PBS/SDC medium (see also Figure 3).

Thus, the observation of the Mgcr₈Pc fluorescence in the microheterogeneous PBS/SDC and PBS/SDS systems confirms (*i*) the presence of a certain concentration of monomeric Pc and (*ii*) the absence of fluorescence quenching as a result of screening Mgcr₈Pc molecules from the aqueous medium by SDC aggregates (micelles) or SDS micelles, since the fluorescence of *H*-dimers and larger Pc aggregates is reportedly quenched.^[21]

At normal conditions, Mgcr₈Pc solutions in water and phosphate buffer remain stable for a long time. When Mgcr₈Pc/SDC/PBS samples were subjected to diffuse illumination for a long time, the optical density of the *B*and *Q*-bands in the absorption spectrum decreased smoothly, which was accompanied by the appearance of new bands at shorter wavelengths, just as in case of Mgcr₈Pc/SDC/ NaCl (see Figure 6). In other words, we observe the true photobleaching of Pc solution typical to Pc monomers. According to,^[22] the photodestruction of Pc yields respective phthalimides, as shown also for Pc with four annulated crown fragments in the NMR spectra^[23] and for Pc with eight methyl phosphonate groups.^[24]

*Cytotoxicity of Mgcr*₈*Pc and Its Accumulation/ Localization in HeLa Cells*

Metal phthalocyanines containing crown ether solubilize in microheterogeneous SDC-based media largely in the form of monomers in the presence of physiological concentrations of sodium chloride (see Figure 3 and also^[19]),

aggregates Figure 7 shows the results of MTT tests of cytotoxicity of Mgcr₈Pc toward tumor cells HeLa. The data obtained

expected.



but our control experiments and literature data have revealed

that SDC is quite toxic not only for HeLa but also for some other cells.^[25-27] This circumstance impeded a correct explo-

ration of the cytotoxicity of the fluorescing Mgcr_oPc/SDC/

of Mgcr, Pc itself and also its ability to penetrate and to accu-

changes in comparison with Pc in EMEM medium (see

above) are of current interest. Based on the known data on the supramolecular organization of Mgcr_oPc in microhet-

erogeneous media^[28] and due to non-covalent interactions of various types (see work^[29] and references therein),

certain modifications of the Pc state in cells could well be

At this stage, we investigated as a result the toxicity

The state of the Mgcr_oPc in the cells and its possible

Figure 6. Photobleaching of Mgcr₈Pc in microheterogeneous system SDC/NaCl, λ_{ex} =578 nm. Inserts: (a) A₆₈₃ vs. time; (b) first and second derivatives of the initial Mgcr₈Pc spectrum (before irradiation). [Mgcr₈Pc]=7.4 \cdot 10^{-6} M, [SDC]=0.016 M, [NaCl]=0.1016 M.

allow us to state that the cell proliferation is supressed in a dose-dependent mode.

It should be also noted that the washing of cells with PBS or its absence before dye applying do not have a determining influence on the staining MTT value determined: the IC₅₀ concentrations were found to have a value of 8.48 and 9.58 μ M, respectively.

Accumulation of Mgcr_sPc in HeLa Cells

The intracellular content and distribution of the test compound was evaluated by fluorescence microscopy. Fig-



Figure 7. Cytotoxicity of Mgcr₈Pc *vs.* tumor cells HeLa; before applying the MTT dye the sample was washed with PBS.

ure 8 illustrates the Mgcr₈Pc accumulation and localization in HeLa cells. The phase contrast images show (Figure 8-2A) that as a result of the incubation with $[Mgcr_8Pc]=5 \mu M$ for 3 h the cell morphology remained practically unchanged. The distribution of Pc over the cells is non-uniform as evidenced by brightly colored granules in Figure 8–2C.^[30] The incubation of cells with Mgcr₈Pc for 24 h noticeably increases the signal from Mgcr₈Pc in the cytoplasm of cells (Figure 8–3C).

The results on the accumulation of $Mgcr_8Pc$ in nonfixed HeLa cells also confirm that $Mgcr_8Pc$ absorbs in cells at $[Mgcr_8Pc]=5 \mu M$ for 24 h (Figure 9) and localizes predominantly in the cytoplasm of the latter.

Thus, Mgcr, Pc is soluble in water, PBS, and culture medium EMEM, where it is present mainly in an aggregated state. Addition of sodium deoxycholate promotes the partial Pc monomerization and appearance of fluorescent species, respectively. Treatment of HeLa cells with Mgcr_oPc/ PBS solution in culture medium led to the penetration/ accumulation of Pc in the cells. Toxicity of Mgcr, Pc (8.48 $\mu M)$ toward HeLa is higher as compared to that of some substituted Pc of Mg, Zn, metal-free Pc and hydroxyaluminum trisulfophthalocyanine (Photosens, Russia). So, the latter adsorbed on polymer nanoparticles shows low cytotoxicity toward HeLa cells for $[Pc] < 11.2 \ \mu g/mL \ (12.74 \ \mu M).^{[31]}$ For zinc 9,10,16,17,23,24-hexa(4'-tert-butylphenoxy)-2-[2'-(4''carboxyphenyl)ethynyl]phthalocyanine and HeLa cells, IC_{50} equals to 21.44 μ M;^[32] for other derivatives of MgPcs, ZnPcs, and 2HPcs, $IC_{50} > 100 \ \mu M \ (see^{[33,34]})$.

The fluorescence of Mgcr₈Pc molecules located in the fixed and non-fixed cells HeLa indicates that Pc is present in them in the state really strongly differing from that in culture medium. The micrographs of fluorescence



Figure 8. Localization of Mgcr₈Pc in HeLa cells. Lines: 1A–D unprocessed cells, 2A–D cells processed with [Mgcr₈Pc]=5 μ M for 3 h, 3A–D cells processed with [Mgcr₈Pc]=5 μ M for 24 h. Columns: A1–3 phase contrast, B1–3 nuclei stained with DAPI, C1–3 fluorescence of Mgcr₈Pc in the cells, D1–3 merger. Scale bar 10 μ m.



Figure 9. Localization of Mgcr₈Pc in HeLa cells (without fixation). Lines: 1A–C unprocessed cells, 2A–C cells processed with $[Mgcr_8Pc]=5 \mu M$ for 24 h. Columns: A1–2 phase contrast, B1–2 accumulation/localization of Mgcr₈Pc in the cells, C1–3 merger. Scale bar 10 μm .

microscopy evidence the accumulation and the localization of Mgcr₈Pc in tumor cells of HeLa. High toxicity of Mgcr₈Pc may be associated with the disruption of the cellular ion balance due to the presence of eight crown ether groups in the molecule. For instance, a recent review was devoted to crown ethers and some compounds based on them as prospective antitumor agents.^[35]

Conclusions

For the first time, magnesium octa[(4'-benzo-15crown-5)oxy]phthalocyanine was explored as a potential PDT agent. The results on the HeLa cells demonstrate that Mgcr₈Pc accumulates in their intracellular space. Absorption spectroscopy data on the Pc uptake by cells are consistent with the results of fluorescence microscopy. Further studies, including the determination of the Mgcr₈Pc photocytotoxicity, *etc.*, are in progress.

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